

September 26, 2011

# The Speedboat

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## Songo Locks School

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You might notice that our class newsletter has changed! The new name reflects our new classroom community name. The students chose the "speedboats" to reflect our local water culture. This process included a town hall meeting, committees to present their choices and a community vote.

*Mrs. Nielsen*

## Please Be On Time

Please don't forget that school begins by 8:30. When your child arrives tardy, even just 15 minutes, they are missing the beginning of our school day. It's really important that students are at school for the entire school day in order to have the best chance to succeed.

School Doors Open at 8:10 am  
Class Begins at 8:30 am  
School Releases at 3:00 pm

## Eat A Good Breakfast And Get A Good Night's Sleep

Research has shown that students who eat 3 healthy meals, healthy snacks and get a full-night's sleep succeed in school. This is especially important as we enter our NECAP testing window, but it's also important each and every day. According to some experts an 8 year old requires 9 ½ - 11 ½ hours of sleep per night.

## Important Dates:

October 5 - 13<sup>th</sup>  
Friday, October 7<sup>th</sup>  
Monday, October 10<sup>th</sup>  
Wednesday, October 26<sup>th</sup>

NECAP Testing for 3<sup>rd</sup> Grade  
No School - Teacher Workshop Day  
No School - Columbus Day  
Early Release - Dismissed at 12:00

## NECAP Testing

Our class will be taking the New England Common Assessment Program testing from 10:25 - 11:55 from October 5<sup>th</sup> - October 13<sup>th</sup>. Please help your child to remember to do their personal best and give them every opportunity to succeed. Also, please make sure they are present during the testing times!! Lots of good rest, healthy meals, and positive encouragement can go a long way.